

## BUILDING BLITZ 2010

### CONSTRUCTION, TEAM BREAK DOWN, WHO DOES WHAT?

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## TEAMS ON SITE

### 8 – 10 Construction Teams:

Made up of trade and non trade with 2 Foreman, 2 Team Leaders and 1 - 2 Medics.

### 1 - Medical Team

Made up of volunteers who have a medical qualification.

### 1 - Compound Team

This team is based at HQ and looks after supplies and logistics for the week.

### 1 – Gardening Team

This team is responsible for the community centre project.

### TEAM BREAKDOWN

Before you depart for Cape Town all volunteers will be broken down into teams by our office in Dublin. Approximately 60/70 people per team. Each team is assigned a team colour and you will be provided with coloured T-shirts (KIT) to identify you on site. Please let us know if you would like to be on a team with a friend, we will do our best to accommodate your request, but cannot guarantee this due to a variety of circumstances.

### WORK ON SITE

There is lots of work for everyone on site and lots to do so please don't worry if you are not a trade's person. If you have been assigned to a task you are not comfortable with please speak with your Foreman, Team Leader or a member of staff. We want you to enjoy yourself which means working within your comfort zone.

### SOUTH AFRICAN TRADE

Our South African trades who work all year round will be assisting your team during the week.

### KEY MEMBERS OF EACH TEAM....

#### FOREMAN

The Foreman will be in charge of a construction team of up to 70 people for the duration of the Building Blitz. It is a demanding but extremely rewarding role, the Foreman leads the team to completing a certain number of houses by the end of the building week.

#### TEAM LEADER

The Team Leader communicates messages to the team from HQ, advises on any difficulties a team member may have and supports the smooth running of the team. The Team Leader helps HQ to look after the general welfare of the team and helps keep morale high and spirits up throughout the week.

#### MEDICAL

There will be 1-2 members of the Medical team on each construction team. Members of the Medical team are volunteers but will be the first point of contact on the team for any medical emergency.

#### TRAINING DAY

If you are interested in taking part in any of the above roles please contact the office. Any of these roles would require one training day in our Dublin office before travel to Cape Town, one month before departure.

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### WORKING WEEK

#### MONDAY- THURSDAY TYPICAL WORKING DAY

07.30am	Coaches depart for site
08.00am	Work day starts
10.00am	First Break
1pm:	Lunch
5pm:	Finish Coach Pick Up
5.30pm	Drop off at hotel

#### FRIDAY: LAST DAY ONSITE

Same early start but you only work until around 3pm. After your long weeks work this is a very special day as some of the families you have built houses for, will get their lifetime's wish and move into their first proper house and home.

#### FRIDAY WORKING DAY

07.30am	Coaches depart hotel
08.00am	Start building on site
11.00am	Clean Up Team Area
1pm:	Lunch
2pm:	Team handover house
3pm:	Depart Site

#### TEAM BASE

There is an overall HQ on site, but YOUR main day to day HQ is YOUR Team House. Each Team House will be painted with your team colour and this is where your day starts and ends. Lunches and water are delivered daily to your team house.

#### WATER

We provide water for all volunteers, It is important you drink the recommended 10 bottles per day to stay hydrated.

#### LUNCHES

We will provide a packed lunch for everyone; all lunch packs will be delivered to your Team Base daily. It is very important that you inform us of dietary requirements before you depart, we cannot guarantee dietary requirements during the Blitz as all lunches are pre - ordered.